







CHEST PRESS 900CP

- » Assembled Size: 196cm L x 155cm W x 173cm H
- » Product Weight:



INCLINE CHEST PRESS

- » Assembled Size: 152cm L x 193cm W x 178cm H
- » Product Weight:



DECLINE CHEST PRESS 902DP

- » Assembled Size: 208cm L x 135cm W x 175cm H
- » Product Weight: 174kgs



SHOULDER PRESS 913SP

- » Assembled Size:
- 175cm L x 155cm W x 150cm H
- » Product Weight: 169kgs









LINEAR LEG PRESS

907LLP

- » Assembled Size:
- 251cm L x 175cm W x 155cm H
- » Product Weight:





SEATED LOW ROW

905LR

- » Assembled Size:
- 178cm L x 145cm W x 165cm H
- » Product Weight:



INCLINE LEVER LOW

- » Assembled Size:
- 196cm L x 102cm W x 124cm H
- » Product Weight:
- 174kgs



REAR KICK

909AB

- » Assembled Size:

168cm L x 117cm W x 163cm H » Product Weight: 145kgs













FLAT BENCH

860FB-B

» Assembled Size: 122cm L x 64cm W x 46cm H



UTILITY BENCH





ADJUSTABLE AB/CRUNCH BENCH

875CB

130cm L x 97cm W x 86cm H





PREACHER CURL BENCH

867PB-B

- » Assembled Size: 127cm L x 64cm W x 61cm H
- » Product Weight:



VKR POWER TOWER

- » Assembled Size:
- 107cm L x 107cm W x 234cm H
- » Product Weight:







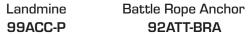


ANNEX HALF RACKS 921HR-ANX

» Assembled Size: 166cm L x 422cm W x 232cm H

» Product Weight: 593kgs



















POWER RACK

920PR

- » Assembled Size:
- 218cm L x 173cm W x 244cm H
- » Product Weight: 224kgs

ANNEX POWER CAGES



Landmine 99ACC-P







POWER RACK WITH STORAGE

920PR-STRG

» Assembled Size: 218cm L x 356cm W x 244cm H



COMMERCIAL FUNCTIONAL TRAINER

9050

- » Assembled Size:
- 173 cm W x 114 cm D x 224 cm H
- » Weight:
- 399kgs
- » Weight Stack: 95kgs

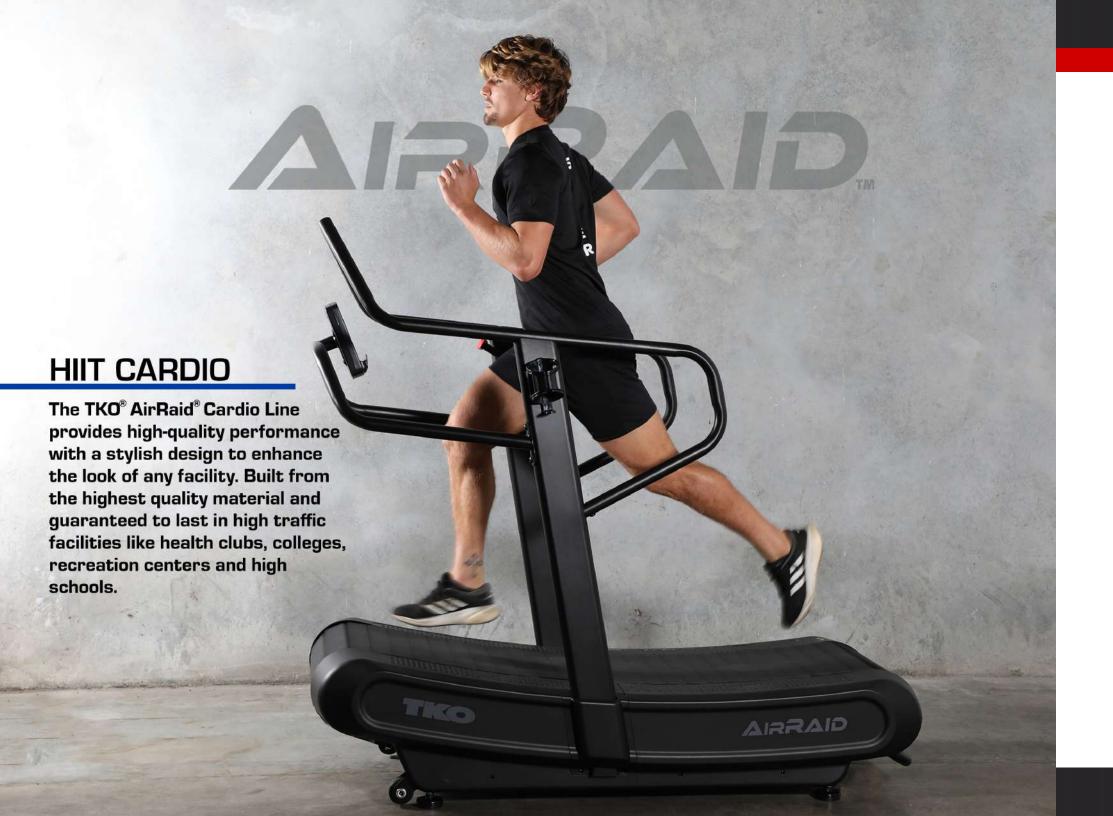
Dip Bars 92ATT-DIP













AIRRAID RUNNER

8CTM

- » Assembled Size:
- 130cm L x 97cm W x 86cm H
- » Product Weight:
- 135kgs

Four-level magnetic resistance

Transport wheels for ease of mobility

Console: Time, Speed, Distance, Calories, Watt and RPM read outs

Programs: HRC, THR, Interval 10/20 & 20/10 as well as Interval Custom















Ergonomic seat smoothly glides on an aluminum support

Display shows time, stroke rate, distance, calories and watts

Track heart rate when connected to a heart rate monitor

Transport wheels for ease of mobility



AIRRAID BIKE 8AB

» Assembled Size:

124cm L x 66cm W x 140cm H

» Weight: 64kgs

Four-way smart seat adjustment

Foot pegs for upper body work only

Transport wheels for ease of mobility

Console: Time, Speed, Distance, Calories, Watt and RPM readouts

Programs: HRC, THR, Interval 10/20 & 20/10 as well as Interval Custom







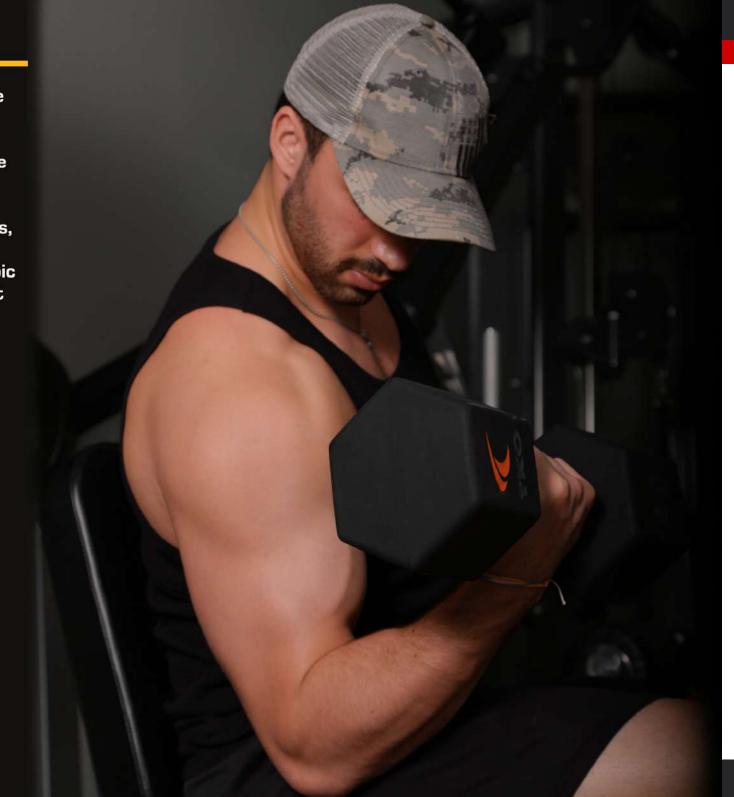




FREE WEIGHTS

TKO® Free Weights offer the ultimate in strength building accompanied by the rugged quality you expect from high caliber equipment made from the highest quality materials.

TKO® offers a wide range of Dumbbells, Olympic plates & Bumper plates, Kettlebells, Barbells, Specialty Olympic bars and Cable Attachments to outfit all types of fitness facilities.





SIGNATURE URETHANE DUMBBELL K830US

Sold in pairs from 2kg to 60kg with 2kg increments



10-SIDED RUBBER DUMBBELL K829TR

Sold in pairs from 2kg to 50kg with 2kg increments



TRI-GRIP RUBBER HEX DUMBBELL

K814TXR

Sold in pairs from 2kg to 40kg with 2kg increments



STUDIO URETHANE DUMBBELL

K179SUB

Sold in pairs from 1kg to 10kg with 1kg increments





FIXED STRAIGHT BAR (URETHANE)

K809US-G10

Sold individually.

Available in 10kg, 12.5kg, 15kg, 17.5kg & 20kg to 45kg with 5kg increments



FIXED STRAIGHT BAR (RUBBER)

K805TRG10

Sold individually.

Available in 10kg, 12.5kg, 15kg, 17.5kg & 20kg to 45kg with 5kg increments



FIXED CURL BAR (URETHANE)

K810US-G10

Sold individually.

Available in 10kg, 12.5kg, 15kg, 17.5kg & 20kg to 45kg with 5kg increments



FIXED CURL BAR (RUBBER)

K807TRG10

Sold individually.

Available in 10kg, 12.5kg, 15kg, 17.5kg & 20kg to 45kg with 5kg increments



COMPETITION COLORED BUMPER PLATES

K802CCBP-RD

5kg K802CCBP-RD-5

10kg K802CCBP-RD-10

15kg K802CCBP-RD-15

20kg K802CCBP-RD-20

25kg K802CCBP-RD-25



STANDARD BUMPER PLATES

K802BP

5kg K802BP-5

10kg K802BP-10

15kg K802BP-15

20kg K802BP-20

25kg K802BP-25







SIGNATURE OLYMPIC URETHANE PLATE

K803U

| 1.25kg | K803U-1.25 |
|--------|------------|
| 2.5kg | K803U-2.5 |
| 5kg | K803U-5 |
| 10kg | K803U-10 |
| 15kg | K803U-15 |
| 20kg | K803U-20 |
| 25kg | K803U-25 |



OLYMPIC RUBBER PLATE

K803R

| 1.25kg | K803R-1.25 |
|--------|------------|
| 2.5kg | K803R-2.5 |
| 5kg | K803R-5 |
| 10kg | K803R-10 |
| 15kg | K803R-15 |
| 20kg | K803R-20 |
| 25kg | K803R-25 |

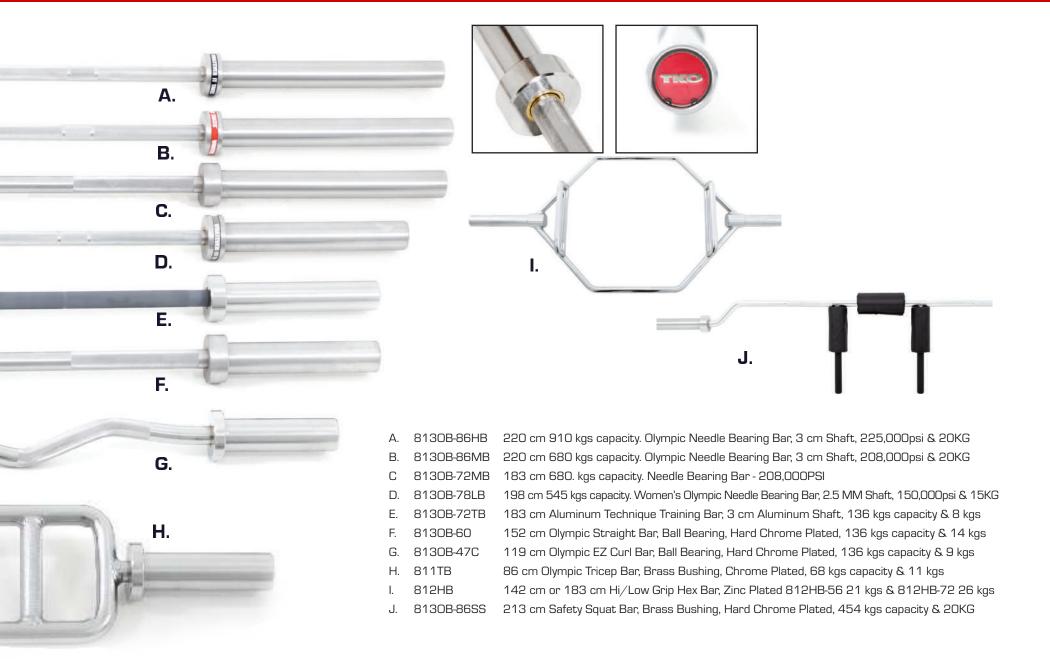


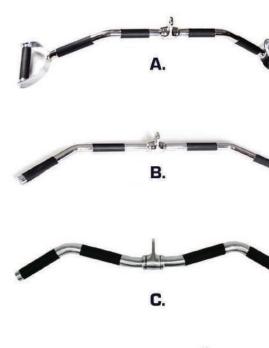
PROCAST KETTLEBELLS

K856PKB

| 4kg | K856PKB-4 |
|------|------------|
| 3kg | K856PKB-6 |
| 3kg | K856PKB-8 |
| 12kg | K856PKB-12 |
| 16kg | K856PKB-16 |
| 20kg | K856PKB-20 |
| 24kg | K856PKB-24 |
| 28kg | K856PKB-28 |
| 32kg | K856PKB-32 |
| 36kg | K856PKB-36 |
| | |





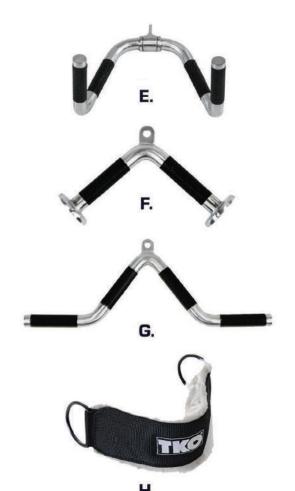




A. 820TAL PROSTYLE LAT BAR
B. 820TL LAT BAR

C. 820TCB 71 CM CURLBAR

D. 106 ANKLE STRAP



E. 820TMP MULTI-EXCERCISE BAR

F. 820TPD TRICEPS FULL EXTENSION BAR

G. 820TVB MULTI-PURPOSE "V" BAR

H. 106H ULTIMATE ANKLE STRAP







- I. 820TDH SEATED ROW/CHINNING BAR
- J. 820TSH DELUXE STIRRUP HANDLE
- K. 820TS 43 CM CABLE BAR
- L. 143SCO OLYMPIC WEIGHT COLLARS











- M. 820NH NYLON STIRRUP HANDLE
- N. 820TR 61 CM TRICEPS ROPE
- O. 820HR HAMMER ROPE P. 812LBC LOCK JAW COLLAR





STORAGE SOLUTIONS

The TKO® Storage Solution racks provides a variety of options to clean up your facility. From dumbbells to stability balls, TKO® can find the right option for you in a high-quality and simple design that offers an easy on/off use for all.





SS 2-TIER 10 PAIR DUMBBELL RACK

7051

- » Assembled Size:
- 236cm W x 76cm D x 81cm H
- » Product Weight: 93kas

3-TIER HORIZONTAL MEGA RACK

891HDR

- » Assembled Size: 264cm W x 94cm D x 107 cm H
- » Product Weight: 162kgs



3-TIER HORIZONTAL DUMBBELL RACK

890HDR

- » Assembled Size: 107cm W x 140cm D x 91cm H
- » Product Weight: 90kgs







8 PAIR VERTICAL DUMBBELL RACK

826VDR8

» Assembled Size: 43cm W x 25cm D x 112cm H

> » Product Weight: 38kgs



10 PAIR VERTICAL DUMBBELL RACK

840VDR10

» Assembled Size:

74cm W x 61mc D x 157cm H

» Product Weight: 45kgs



859KR

» Assembled Size: 58cm W x 79cm D x 84cm H

> » Product Weight: 26kgs





CUSTOMIZABLE STORAGE SYSTEM 92ATT

» Assembled Size:

132cm W x 69cm D x 140cm H

» Product Weight: 85kgs

A. 92ATT-MR BALL SHELF

B. 92ATT-KB KETTLEBELL SHELF

C. 92ATT-DB DUMBBELL SHELF
D. 92ATT-BP BUMPER PLATE

E. 92ATT-UP UPRIGHT

BARBELL RACK

846BBR-SM

- » Assembled Size:
- 71cm W x 104cm D x 130cm H
- » Product Weight:







OLYMPIC BAR HOLDER 813BH2

- » Assembled Size:
- 48cm W x 48cm D x 20cm H



OLYMPIC PLATE TREE W/BAR HOLDERS

8430PT-SM

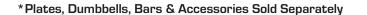
- » Assembled Size:
- 132cm W x 61cm D x 132cm H
- » Product Weight:

BUMBER PLATE RACK 852BR2-SM

- » Assembled Size:
- 142cm W x 33cm D x 33cm H
- » Product Weight: 22kgs







ACCESSORY RACK



POWER BAG RACK

838PBR2

» Assembled Size: 76cm W x 69cm D x 163cm H

> » Product Weight: 36kgs



COMMERCIAL MAT RACK 850MR

JOUIVIN

» Assembled Size: 89cm W x 61cm D x 198cm H

> » Product Weight: 17kgs





10 MEDICINE BALL RACK 849MB-10

» Assembled Size:

» Assembled Size: 89cm W x 76cm D x 137cm H

» Product Weight: 15kgs

*Plates, Dumbbells, Bars & Accessories Sold Separately

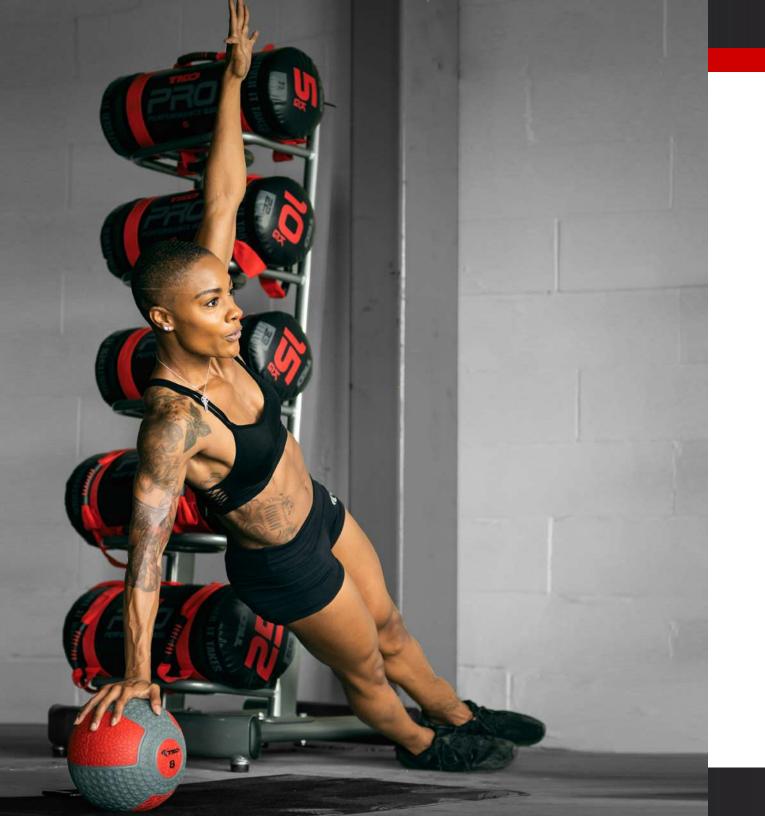
*Plates, Dumbbells, Bars & Accessories Sold Separately





PERFORMANCE

High-performance athletes require specialized equipment to achieve their fitness goals. This is why TKO® presents a full line of Performance equipment for home and commercial applications.



RUBBERIZED MEDICINE BALL

K509CMB



THE PARTY

12 KG

WALL BALL K509WB

6kg K509WB-6 8kg K509WB-8 10kg K509WB-10 12kg K509WB-12



K509SBT







3 IN 1 FOAM PLYO BOX

262PLBS

3-N-1 Soft Plyo Box 51cm x 61cm x 76cm



STACKABLE FOAM PLYO BOX

263PLBS

Plyo Box Set 15cm, 30cm & 50cm



PRO PERFORMANCE BAG

K250PB

5kg K250PB-5

10kg K250PB-10

15kg K250PB-15

20kg K250PB-20

25kg K250PB-25

30kg K250PB-30

35kg K250PB-35



AGILITY CONES 276AC-20



AGILITY LADDER 281AL



HIGH SPEED ROPE 222HSR



15M DELUXE BATTLE ROPE 256BR-1.5-50

- 4 cm Thickness
- Nylon Covered



9M DELUXE BATTLE ROPE

256BR-1.5-30

- 4 cm Thickness
- Nylon Covered





BATTLE ROPE HOLDER

253BH

Wall Mounted Battle Rope Holder



BATTLE ROPE ANCHOR

252BA

Wall Mounted Battle Rope Anchor



STRETCH CORDS

A. 3221 LIGHT

B. 3222 MEDIUM

C. 3223 HEAVY

D. 3224 X HEAVY

STRENGTH BANDS

E. 3120 EXTRA LIGHT-ORANGE

F. 3121 LIGHT-RED

G. 3122 MEDIUM-GRAY

H. 3123 HEAVY-BLACK





FITNESS BALL 122FBP-GR-55

TKO® **55cm** Fitness Ball, Gray, Chart & Pump Included



SMALL FOAM ROLLER

182FR-BK





FITNESS BALL 122FBP-RD-65

TKO[©] **65cm** Fitness Ball, Red, Chart & Pump Included



FITNESS BALL 122FBP-BK-75

TKO[©] **75cm** Fitness Ball, Black, Chart & Pump Included









COMMERCIAL HANGING MAT





CARDIO PUMP BARBELL SET K837CPS



CARDIO PUMP PACK: 10 SETS + RACK K837CPAC-10







FREE STANDING SINGLE SUSPENSION BAY

DB-SUB-8FS

» Includes:

- 1. Free Standing Counter Balance System 2. Front and Rear Outriggers (2 EA)
- 3. Adjustable Ball Rack (1)
- 4. Adjustable Tray Rack (3)
- 5. 3-Way Swivel (2)
- 6. Straight Pullup Bar

250 kg Counter Balance Weight to make Free Standing

Front and Rear Outriggers

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year



SINGLE SUSPENSION BAY

DB-SUB-848

1. Adjustable Ball Rack (1)

2. Adjustable Tray Rack (3)

3. 3-Way Swivel (2)

Modular Configuration

Expandable anytime Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

4. Straight Pullup Bar

» Frame Color:

135cm x 114cm x 243cm

» Frame Color:

Matte Black

135cm x 114cm x 243cm

Matte Black

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year





TRIPLE SUSPENSION BAY

DB-TSU-848

» Includes:

1. Adjustable Ball Rack (3)

2. Adjustable Tray Rack (6) 3. Straight Pullup Bar (3)

4. 3-Way Swivel (4)

5. Adjustable Mat/Band Rack (1)

Modular Configuration

Expandable anytime Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

» Footprint:

» Frame Color:

Matte Black

» Footprint:

» Frame Color:

Matte Black

478cm x 114cm x 243cm

» Warranty: 364cm x 114cm x 243cm Structural Frame = 10 years

Monkey bars, pull-up bars,ball targets = 5 years Shelving, Racking, Pegs = 1 year



CORNER SUSPENSION BAY

DB-CSU-848

» Includes:

1. Adjustable Ball Rack (2)

2. Adjustable Tray Rack (3)

3. Deluxe Pullup Bar (1) 4. 3-Way Swivel (2)

5. Vertical Utility Poles (2)

6. Adjustable Mat/Band Rack (1)

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

215cm x 182cm x 249cm

» Footprint:

» Frame Color:

Matte Black

» Warranty:

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years

Shelving, Racking, Pegs = 1 year



QUADRUPLE SUSPENSION BAY

DB-QSU-848

» Includes:

1. Adjustable Ball Rack (3)

2. Adjustable Tray Rack (6)

3. Straight Pullup Bar (4) 4. 3-Way Swivel (5)

5. Adjustable Mat/Band Rack (1)

6. Ball Target (1)

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

» Warranty:

Structural Frame = 10 years

Monkey bars, pull-up bars,ball targets = 5 years

Shelving, Racking, Pegs = 1 year



DB-CSSU-848

» Includes:

1. Adjustable Ball Rack (4)

3. Deluxe Pullup Bar (1)

5. Vertical Utility Poles (2)

Modular Configuration

Unique shelving options

Compact Footprint

CORNER STORAGE SUSPENSION BAY

2. Adjustable Tray Rack (9)

4. 3-Way Swivel (2)

6. Adjustable Mat/Band Rack (1)

» Footprint:

» Frame Color:

Matte Black

318cm x 318cm x 249cm

» Warranty: Structural Frame = 10 years

Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Expandable anytime

Can be freestanding with a variety of foot options



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WHY CHOOSE TKO® FRAMES?

Our modular frames not only provide optimal storage solutions for all types of training equipment — like medicine balls, kettlebells, dumbbells, and mats—but also feature a unique suspension capability perfect for functional training. The innovative 3-Way Swivel System allows effortless mounting of various suspension trainers or heavy bags, ideal for both individual and group training in one seamless space.







DOUBLE BRIDGE

DB-SB14-848

- » Includes:
- 1. Straight Pullup Bar (8)
- 2. 3-Way Swivel (8)
- 3. Adjustable Ball Rack (2) 4. Adjustable Shelf Rack (2)
- 5. Vertical Utility Pole Attachment (2)
- 6. Stall Bars (1)
- » Footprint:
- 454cm x 149cm x 252cm
- » Frame Color: Matte Black
- » Warranty:

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

TRIPLE BRIDGE

DB-SB23-848

- » Includes:
- 1. Straight Pullup Bar (15)
- 2. 3-Way Swivel (16)
- 3. Adjustable Ball Rack (1)
- 4. Adjustable Shelf Rack (3)
- 5. Vertical Utility Pole Attachment (2)
- 6. Stall Bars (1)
- » Footprint:
- 731cm x 149cm x 252cm
- » Frame Color:
- Matte Black
- » Warranty:

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

TRIPLE BRIDGE WITH STORAGE

DB-B23TS-848

- » Includes:
- 1. Straight Pullup Bar (10)
- 2. 3-Way Swivel (18)
- 3. Adjustable Ball Rack (3)
- 4. Adjustable Shelf Rack (6) 5. Adjustable Mat/Band Rack (1)
- 6. Stall Bars (1)
- 7. Vertical Utility Pole (2)
- » Footprint:
- 731cm x 363cm x 252cm
- » Frame Color: Matte Black
- » Warranty:
- Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint



FULLY CUSTOMIZABLE TO FIT YOUR NEEDS

Whether you opt for one of our standard configurations or design your own custom setup, the modular design of our frames gives you complete freedom. Need extra storage or a specialized workout zone? You've got it! From stability balls to resistance bands, our wide range of shelving and suspension options ensures your space is optimized to its fullest potential.







HALF RACK WITH DUAL STORAGE

DB-HRDS-848

- » Includes:
- 1. Adjustable Ball Rack (2)
- 2. Adjustable Tray Rack (3)
- 3. Deluxe Pullup Bar (1)
- 4. 3-Way Swivel (2)
- 5. Adjustable Mat/Band Rack (1)
- 6. Front/Rear Outriggers (2)
- 7. Half Rack Attachment (1)
- 8. J Hooks/Safety Spotters (1)
- 9. Horizontal Bumper Storage [1]
- » Footprint:
- 376cm x 173cm x 248cm
- » Frame Color
- Matte Black
 » Warranty:

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

HALF RACK ANNEX

DB-DHR-ANX

- » Includes:
- 1. Adjustable Ball Rack (1)
- 2. Adjustable Tray Rack (2)
- 3. Straight Pullup Bar (3)
- 4. 3-Way Swivel (4)
- 5. Side Mount Plate Storage (2)
- 6. Front/Rear Outriggers (4)
- 7. Half Rack Attachment (2)
- 8. J Hooks/Safety Spotters (2)
- 9. Horizontal Bumper Storage (1

» Footprint:

- 502cm x 157cm x 243cm
- » Frame Color:
- Matte Black

» vvarranty.

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

DOUBLE HALF RACK

DB-DHR

- » Includes:
- 1. Deluxe Pullup Bar (1)
- 2. Straight Pullup Bar (1) 3. Side Mount Plate Storage (4)
- 4. Front Outriggers (4)
- 5. Half Rack Attachment (2)
- 6. J Hooks/Safety Spotters (2)

» Footprint:

311cm x 197cm x 248cm

» Frame Color: Matte Black

» Warrantv:

» vvai railty.

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options









SINGLE STORAGE BAY

DB-SSB-848

- » Includes:
- 1. Adjustable Ball Rack (1) 2. Adjustable Tray Rack (3)
- » Footprint:
- 135cm x 48cm x 228cm
- » Frame Color:

Matte Black

» Warranty:

Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

SINGLE STORAGE BAY XL

DB-SSB-872

- » Includes:
- 1. Adjustable Ball Rack (1) 2. Adjustable Tray Rack (3)
- » Footprint:
- 211cm x 48cm x 228cm
- » Frame Color:
- Matte Black
 » Warranty:
- Structural Frame = 10 years

Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options

QUADRUPLE STORAGE BAY

DB-QSB-848

- » Includes:
- 1. Adjustable Ball Rack (3)
- 2. Adjustable Tray Rack (6)
- 3. Adjustable Mat/Band Rack (1)
- 4. Ball Target (1)
- » Footprint:
- 478cm x 52cm x 228cm
- » Frame Color: Matte Black
- » Warranty:
- Structural Frame = 10 years Monkey bars, pull-up bars, ball targets = 5 years Shelving, Racking, Pegs = 1 year

Modular Configuration

Expandable anytime

Unique shelving options

Compact Footprint

Can be freestanding with a variety of foot options



REGUEST FOR UNLIMITED CUSTOMIZATION OPTIONS!

DESIGN YOUR CUSTOM GYM EQUIPMENT TKO® FRAME!

Looking for a unique gym equipment frame to match your specific needs? Now you can customize your own! Whether it's for a home gym or commercial fitness space, we offer tailor-made options to fit your exact requirements. Choose the dimensions, materials, and features to create a frame that complements your workout and style.

Bring your vision to life with our custom-made gym equipment frames!





Belgiëstraat 29a, 5171 PN KAATSHEUVEL